

Ms. Himadri Sarma

Assistant Professor

Department of Sanskrit, Dibru College

Dibrugarh, Assam- 786003.

Email: himadrisarma01@gmail.com**PERSONAL DETAILS**

Permanent Address: C/O Sri Pratap Chandra Sarma, Area- Prafulla Nagar, Mangaldoi, Dist- Darrang, Assam- 784125.

Date of Birth: 01/08/1993

Phone (M): +91-8822424170

EDUCATION

Qualification	Subject/Discipline	Division/Class	Institute/University Division/Class	Year of passing
PhD	Sanskrit	-	Gauhati University	Pursuing
MA	Sanskrit	I	Gauhati University	2016
BA	Sanskrit	I	Cotton College	2014
AHSEC	Arts	I	Brilliant Academy, Mangaldoi, Assam	2011
HSLC	General with Sanskrit	I	Mangaldoi Vidya Pith High School, Mangaldoi, Assam	2009

AWARDS / ACHIEVEMENTS

1. Secured highest mark in B.A exam among the major students of Sanskrit under Gauhati University in 2014.
2. Awarded Vedamurti Uma Chakravarty memorial award in Cotton College for securing highest mark in B.A exam among the students of Sanskrit major under Gauhati University in 2014.
3. Awarded Gauri Dutta Sarma and Shashiprabha Devi memorial award for securing highest mark in M.A exam among the Post graduate students of Sanskrit under Gauhati University in 2016.

4. Qualified State Eligibility Test (NE region) for Lectureship in 2016.
5. Qualified National Eligibility Test for Lectureship in 2022.

PUBLICATIONS / BOOK CHAPTERS

1. Sarma, Himadri. "Management of Physical Health in the light of Yoga", *Prācyā*, Vol. XIII, ISSN 2278-4004.
2. Sarma, Himadri. "A Comparative Study on Puruṣa with the Special Reference of Yoga and Āyurveda", *Journal Of Jilin University*, Vol. 41, Issue: 05/2022
3. Sarma, Himadri. "A Critical Study On Liberation in the Light of Viśiṣṭādvaitavāda", *Journal of Jilin University*, Vol. 41, Issue: 04/2022
4. Sarma, Himadri. "The Use of Teaching- Learning Process with Special Reference of Pañcatantra" *Prācyā*, Vol. XIV, ISSN 2278-4004
5. Sarma, Himadri. "A Study on Āhāra as per the Bṛhatrayī of Āyurveda", *International Journal of Research and Analytical Reviews*, Vol. IX, ISSN 2349-5138.
6. Sarma, Himadri. "Food, Nutrition and Biochemistry", *Human Anatomy, Physiology and Diet, (Study Material for the Diploma Course of Yoga under KKHSOU*, ISBN : 978-93-91026-22-6)
7. Sarma, Himadri. "Dietetic Rules in Āyurveda and Yoga", *Human Anatomy, Physiology and Diet (Study Material for the Diploma Course of Yoga under KKHSOU*, ISBN : 978-93-91026-22-6)
8. Sarma, Himadri. 'পঞ্চতন্ত্র কাকোলুকীয়ম্ তন্ত্র বাজনৈতিক সমল' *Sanskrit*, Vol. XVI, *Sanskritih'* ISSN 2349-8943.
9. Sarma, Himadri. "Ānundorām Borooāh's Life and his contribution to Sanskrit Literature" *PRIJM*, ISBN : 978-81-962766-9-0
10. Sarma, Himadri. "Mental Health Care in Yoga and Āyurveda- A Study, *Śodhajyotiḥ*, ISSN : 2321-628X, Vol. III, 2021-22.
- 11.

SEMINAR / CONFERENCE PRESENTATIONS

1. International Seminar on Negotiating Culture: New Frontiers in Translation and Language Learning, organised by Dept of Foreign Languages ,Gauhati University, in collaboration with Institute of South Asian Studies, Russian State University for Humanities, Moscow, Russia, January 22-23, 2019.

2. International Conference on Transcending Cultural Bounderies Studies of Foreign Languages, Literature and Culture in India, organised by Dept of Foreign Languages, Gauhati University, in collaboration with Institute of South Asian Studies, Russian State University for Humanities, Moscow, Russia and Centre for South East Asian Studies, 8th and 9th March, 2018.
3. 1st Global Sanskrit Conference, Delhi University, 16th and 17th May, 2022.
4. Participated in '1st conference of Women Librarian's association, Assam, 22nd April, 2023.
5. Attended a webinar on ' Role of branding in professional Society' organised by BVICAM, New Delhi, 22nd April, 2023.
6. Attended a webinar on ' Webinar on Manage Stress and Be Resilent' organised by BVICAM, New Delhi, 6th May, 2023.

INVITED LECTURE

Delivered a lecture in a Regional Seminar on 'Prospects of Yoga and Naturopathy in Health Care System in Present Era' organized by North Eastern Institute of Ayurveda and Homoeopathy, 29-31st May, 2018.

WORKSHOP

1. One Day Regional Workshop on Research Methodology at North Eastern Institute of Ayurveda and Homoeopathy, Shillong, 21st February 2019.
2. A regional Workshop on 'Writing a Scientific Research Paper' organised By the Division of Research, NEIGRIHMS in association with JIPMER, Puducherry at NEIGRIHMS, 15th March, 2018.
3. 1st IJO-NEROSA Regional Workshop on Research Methodology and Scientific Publication, organised by Dept. of Othopaedics, NEIGRIHMS in collaboration with Indian Journal of Orthopaedics (IJO), National Institute for Locomotor Disabilities (NILD), Indian Orthopaedic Association (IOA) and North East Regional Othopaedic Surgeons' Association (NEROSA), at NEIGRIHMS Shillong, 22nd February, 2020.

4. Online Workshop on Brahmi Script, organised by Vishwagurudeep Ashram Research Centre and Shree Digamber Jain Acharya Sanskrit College, Jaipur, 05-14 February 2022.
5. Online workshop on Grantha Script, organised by Vishwagurudeep Ashram Research Centre and Shree Digamber Jain Acharya Sanskrit College, Jaipur, 05-14 February 2022.
6. Online workshop on Grantha Script, organised by Vishwagurudeep Ashram Research Centre and Shree Digamber Jain Acharya Sanskrit College, Jaipur, 05-14 February 2022.
7. Online workshop on 'Newari script' organised by Vyas Balabaksh Research Institute, Jaipur , 15th - 21st April, 2023.

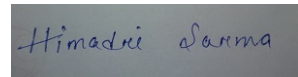
TEACHING EXPERIENCE

Worked as lecturer in the department of Samhita, Sanskrit and Siddhanta at North Eastern Institute of Ayurveda and Homoeopathy, Shillong, under the ministry of AYUSH, Govt of India from 03.04.2017 to 21.09.2022.

OTHER ACTIVITIES

1. Worked as an external evaluator in the Gunotsav, 2023, Dibrugarh.
2. Invited as external re-evaluator for the BAMS 1st Professional Final Exam 2022.
3. Worked as joint co-ordinator in organizing Transitional Curriculum program for BAMS 1st Professional students at NEIAH.
4. Delivered twenty lectures on 'Vadatu Samskritam' during Transitional Curriculum program, 2022 for BAMS 1st professional students at NEIAH.
5. Participated in 'Online weeklong Faculty Development Program on implementation of NEP 2020 in higher education institutions' organized by Teaching learning Centre, Tezpur University during 26th April- 02 May, 2023.
6. Participated in 'Online Month-long Faculty Induction Program (FIP)' organized by Teaching learning Centre, Tezpur University during 01 February -02 March 2023 under PMMMNMTT Scheme of Ministry of Education, Government of India. Grade obtained A+.
7. Participated in 'Online weeklong Faculty Development Program on Academic Writing and Publication' organized by Teaching learning Centre, Tezpur University during 10th May- 16th May, 2023.

8. Participated in 'Online two-week interdisciplinary Refresher Course in 'Advanced Research Methodology' organized by Teaching learning Centre, Ramanujan College, Delhi University during 22nd May- 05th June, 2023.

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Ms. Himadri Sarma